## Let's Discuss...Food

Everybody eats! We're looking forward to hearing where you prefer to get your news about food.

## **Core Resources**

<u>Food and Nutrition - U.S. Depatrment of Agriculture</u> United Nations Food and Agriculture Organization

## **News Articles**

<u>'I feel bamboozled.' Workers fret as Kroger-Albertsons merger battle rages</u> Alexander Coolidge, Cincinnati Enquirer, 10/20/24

This American fruit could outcompete apples and peaches on a hotter planet Anna Phillips, Washington Post, 10/18/24 (Gift link)

Recalls raise food safety concerns; experts credit more regulation Vivian La, Chicago Tribune, 10/17/24

Americans are losing faith in food safety. Is the system to blame? Tim Carman, Washington Post, 10/17/24 (Gift link)

Water Crises Threaten the World's Ability to Eat, Studies Show Somini Sengupta, New York Times, 10/16/24 (Gift link)

What a Crackdown on Immigration Could Mean for Cheap Milk Marcela Valdes, New York Times Magazine, 10/15/24 (Gift link)

'We need 'em worse than they need us': how Haitian workers feed the US Ayanna Legros, The Guardian, 10/3/24

Why Opening Grocery Stores Alone Doesn't Solve Food Deserts - The Real Test Is Their Survival Molly Parker. ProPublica with Capital New Illinois, 8/9/24

## Listen

1 in 5 Chicago-area families with kids is food insecure Reset with Sasha-Ann Simmons, WBEZ.org, 9/25/24 **Read** 

Ruin Their Crops on the Ground: The Politics of Food in the United States, From the Trail of Tears to School Lunch / Andrea Freeman

There has been no point in US history when food has *not* been political. Sometimes it has been an overt means of control, as in the Army's

"scorched earth" campaigns to deprive Native Americans of the crops and game animals that made resistance possible. But often, Freeman argues, it has been far more subtle, with decisions made in Washington having ripple effects in terms of which foodstuffs - produced by which industries - the majority of Americans consume.

<u>Frostbite: How Refrigeration Changed Our Food, Our Planet, and Ourselves</u> / Nicola Twilley

Three-quarters of what Americans eat spends time in the "cold chain" - in other words, its edibility is extended through artificial refrigeration. Twilley explores how this technological miracle quite literally made the modern world possible, and how we are still dealing with the resultant trade-offs.

Endangered Eating: America's Vanishing Foods / Sarah Lohman

Lohman tells the stories behind eight food sources - from California's unique date palms to Navajo Churro sheep - singled out for preservation by Slow Food International's <a href="Ark of Taste">Ark of Taste</a> project.